

**YOGA ST LUCIA**

**Presents**

**EDWIN BRYANT Ph.D**

**“THE YOGA SUTRAS OF PATANJALI”**

**February 29 - March 1, 2020**

**WHAT IS YOGA?**

**WHAT IS THE SCIENCE OF YOGA?**

Join us for a weekend, learn more about yoga, what it really is. Professor Edwin Bryant received his Ph.D in Indic languages and cultures and is presently the professor of Hinduism at Rutgers University. As a personal practitioner of yoga for 40 years, a number of them spent in India studying with traditional teachers where he returns yearly. He has written several books, one being the “Yoga Sutras of Patanjali”

He will explain the sutras and what they have to tell us about yoga.

Do you think you know what yoga really is?

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**SATURDAY**

**11:00am - 1:00pm & 3:00pm - 5:00pm**

**SUNDAY**

**9:00am - 11:00am & 1:00pm - 3:00pm**

**FULL WORKSHOP - EC \$200**

**1 CLASS - EC \$75**

**CONTACT**

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